

Miyawaki Forest: A Urban Oasis For Sustainable Environment

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INTRODUCTION

Forests are the lungs of our planet, essential for maintaining biodiversity, regulating climate, and providing numerous ecosystem services. However, rampant deforestation and urbanization have led to the degradation and loss of precious forest cover worldwide. In the face of this crisis, innovative reforestation techniques are emerging, offering hope for the restoration of degraded landscapes. One such method that has gained significant attention is the Miyawaki forest. The Miyawaki method, named after the Japanese botanist Akira Miyawaki, is a unique approach to reforestation that aims to create dense, native forests in a short period, typically within 20 to 30 years. Unlike traditional reforestation techniques that rely on planting large trees, the Miyawaki method focuses on planting a variety of native tree species in close proximity, resulting in a diverse, self-sustaining ecosystem. Miyawaki forests grow 10 times faster, are 30 times denser and contain 100 times more biodiversity. Since they are quick to establish, maintenance-free after the first two-to-three years, and can be created on sites as small as 3 sq m, to rapidly build climate resilience. In an increasingly urbanized world, the need for green spaces within cities has never been greater. Miyawaki forests offer a sustainable solution to urban greening, transforming vacant lots, degraded land, and barren patches into lush oases of biodiversity. From rooftop gardens to roadside verges, Miyawaki forests demonstrate the potential to reclaim urban spaces for nature, mitigating the urban heat island effect, improving air quality, and providing recreational opportunities for city dwellers.

Key principles of Miyawaki forest

- **Biodiversity:** One of the fundamental principles of the Miyawaki method is the planting of a wide variety of native tree species. This promotes biodiversity and resilience, as different species have varying root structures, growth patterns, and nutrient requirements.
- **Density:** Miyawaki forests are planted at a much higher density compared to conventional forests, with trees spaced just a few inches apart. This close spacing encourages competition among trees, leading to rapid vertical growth and the formation of a dense canopy.
- **Soil Preparation:** Before planting, the soil is meticulously prepared to mimic the natural forest floor. This involves removing debris, tilling the soil, and adding organic matter to improve fertility and moisture retention.
- **No Chemical Inputs:** Unlike industrial plantations that often rely on fertilizers and pesticides, Miyawaki forests eschew chemical inputs, relying instead on natural processes to nourish and protect the ecosystem.

Key benefits of Miyawaki Forest

- **Rapid Growth:** Compared to regular forests, Miyawaki woods grow far more quickly due to their high density and varied species composition. They can mature in a matter of years, sequestering carbon and offering wildlife habitat.
- **Ecosystem Services:** Some of the intangible benefits provided by forest ecosystem is Carbon sequestration, soil stabilization, water retention, and air purification are just a few of the many ecosystem services provided by Miyawaki woods. They also contribute to the preservation of biodiversity by giving native plants and animals a place to live.
- **Climate Resilience:** The dense canopy and diverse species composition of Miyawaki forests make them resilient to

climate change. They can withstand extreme weather events, such as storms and droughts, better than monoculture plantations.

- **Community Engagement:** Miyawaki forests have the potential to engage local communities in conservation efforts. By involving communities in the planting and maintenance process, these forests can foster a sense of ownership and stewardship, leading to long-term sustainability.

Forests are a human necessity for their ability to supply oxygen, act as carbon-sink, provision of shade, food, wood, among others. Yet, human greed has resulted in a steep loss of forest cover in many cities around the country. This has not only led to loss of trees, but soil erosion and land degradation as well. The cities are in a dire need of forests and greenery to ensure adequate air quality. Miyawaki forests, a technique that supports the growth of native vegetation, with low maintenance needs, is a promising solution. The method has shown tremendous success in Japan and some other parts of Asia as well. However, it is yet to find major traction in India. Governmental support, increased awareness and participation of NGOs and other organizations is needed to ensure the revival of our degraded lands and lost forests. It is expected that Miyawaki forests will help increase the forest cover in our country and provide a greener and better environment to our current and future generations.

The Miyawaki method has been successfully implemented in various parts of the world, from urban parks to degraded landscapes. In India, for example, the Afforestation Fund Management and Planning Authority (AFMPA) has pioneered the establishment of Miyawaki forests in cities like Chennai and Pune, transforming barren patches of land into thriving green spaces.

Similarly, in Europe, organizations like the Trillion Trees Campaign and WeForest are championing the Miyawaki method as a cost-effective and scalable solution for forest

restoration. By harnessing local knowledge and community participation, these initiatives are redefining the future of reforestation.