

## Integrated Management and Sustainability of Herbicide Resistance in Crops

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*Available online at*

[www.sunshineagriculture.vitalbiotech.org](http://www.sunshineagriculture.vitalbiotech.org)

### Article History

Received: 1. 1.2026

Revised: 5. 1.2026

Accepted: 10. 1.2026

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### INTRODUCTION

Weeds remain one of the most significant biological constraints to global agricultural productivity. They compete with crops for light, water, nutrients, and space, resulting in substantial yield losses if left unmanaged. Since the mid twentieth century, herbicides have become the dominant tool for weed control due to their efficiency, cost-effectiveness, and compatibility with large-scale mechanised agriculture. The adoption of herbicide-based weed management systems has contributed significantly to increased crop yields and labour savings across diverse cropping systems.

Despite these benefits, the intensive and repetitive use of herbicides has exerted strong selection pressure on weed populations, leading to the evolution of herbicide resistance. Herbicide resistance is defined as the inherited ability of a weed biotype to survive an herbicide dose that would normally be lethal to a susceptible population. Over time, resistant individuals increase in frequency, eventually rendering the herbicide ineffective. This phenomenon has been documented in numerous weed species across cereals, oilseeds, pulses, and horticultural crops.

The problem of herbicide resistance has escalated with the widespread adoption of herbicide-tolerant crops and reliance on a limited number of herbicide modes of action. Resistance now threatens the sustainability of current weed management practices and challenges the long-term viability of intensive cropping systems. In addition to agronomic impacts, herbicide resistance has environmental and economic implications, including increased production costs, higher herbicide use rates, and greater risk of environmental contamination.

Addressing herbicide resistance requires a shift from reliance on single control tactics toward integrated and diversified weed management approaches. Integrated management emphasises the use of multiple complementary strategies to reduce weed pressure, minimise selection pressure, and enhance agroecosystem resilience. Understanding the biological mechanisms of resistance, the factors driving its evolution, and the principles of sustainable weed management is essential for developing effective solutions.

This article reviews the current status of herbicide resistance in crops, examines resistance mechanisms and contributing factors, and discusses integrated management strategies aimed at sustaining herbicide effectiveness. By synthesising physiological, ecological, and agronomic perspectives, the article provides a framework for sustainably managing herbicide resistance.

### 1. Global Status of Herbicide Resistance

Herbicide resistance has been reported in over two hundred and fifty weed species worldwide, affecting major cropping systems such as wheat, rice, maize, soybean, and cotton. Resistance cases span a wide range of herbicide groups, including inhibitors of acetolactate synthase, acetyl coenzyme A carboxylase, photosystem two, and 5-enolpyruvylshikimate 3-phosphate synthase.

The rapid increase in resistance cases is closely linked to simplified cropping systems, limited crop rotation, and repeated use of herbicides with the same mode of action. Regions with intensive agriculture and high herbicide dependency show the highest incidence of resistance. The spread of resistant weeds across farms and regions further exacerbates the challenge of effective control.

### 2. Mechanisms of Herbicide Resistance

Herbicide resistance in weeds arises through genetic changes that allow plants to survive

herbicide exposure. These mechanisms are broadly classified into target-site resistance and non-target-site resistance.

#### 2.1 Target Site Resistance

Target site resistance occurs when mutations alter the herbicide binding site in the target enzyme, reducing herbicide efficacy. These mutations may involve single amino acid substitutions that prevent herbicide attachment without significantly impairing enzyme function. Gene amplification leading to overproduction of the target enzyme can also confer resistance. Target site resistance often results in high levels of resistance and can confer cross-resistance to multiple herbicides within the same mode of action group.

#### 2.2 Non-Target Site Resistance

Non-target site resistance involves mechanisms that reduce the amount of herbicide reaching the target site. These include enhanced metabolic detoxification, reduced herbicide uptake, limited translocation, and sequestration within plant tissues. Metabolic resistance is particularly concerning because it can confer resistance to herbicides with different modes of action, making management more complex. Herbicide resistance in weeds is mediated through multiple physiological and biochemical pathways, including target site alterations and non-target site mechanisms (Figure 1).

**Table 1: Mechanisms of Herbicide Resistance in Weeds**

Resistance mechanism	Description	Management implications
Target site mutation	Alteration of the herbicide binding site	High resistance levels and cross-resistance
Gene amplification	Increased production of the target enzyme	Reduced herbicide effectiveness
Enhanced metabolism	Rapid detoxification of herbicides	Multiple herbicide resistance
Reduced translocation	Limited movement of the herbicide in the plant	Incomplete weed control

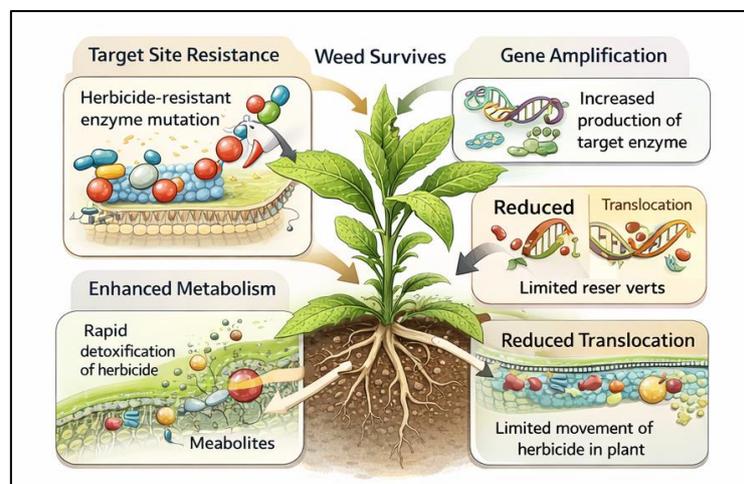


Figure 1. Major physiological and biochemical mechanisms involved in herbicide resistance in weed species, including target site modification, enhanced metabolism, and reduced herbicide translocation.

### 3. Factors Contributing to Resistance Evolution

Several agronomic and ecological factors influence the rate and extent of herbicide resistance development. Repeated use of a single herbicide or mode of action is the primary driver of resistance evolution. Lack of crop rotation and simplified weed management systems further intensifies selection pressure.

Biological characteristics of weeds, such as high seed production, genetic diversity, and rapid life cycles, accelerate resistance development. Inadequate herbicide application practices, including under-dosing and poor coverage, can also contribute by allowing partially resistant individuals to survive and reproduce.

### 4. Impacts of Herbicide Resistance

#### 4.1 Agronomic Impacts

Herbicide resistance reduces weed control efficacy, leading to increased weed competition and yield losses. Farmers often respond by increasing herbicide rates or application frequency, which raises production costs and may cause crop injury.

#### 4.2 Economic Impacts

The economic burden of herbicide resistance includes higher input costs, reduced profitability, and increased labour requirements. Resistant weed infestations may necessitate additional tillage or manual weeding, further increasing expenses.

#### 4.3 Environmental Impacts

Escalating herbicide use to manage resistant weeds increases the risk of environmental contamination and negative effects on non-target organisms. Soil health and biodiversity may also be adversely affected by intensified chemical and mechanical control practices.

### 5. Integrated Management of Herbicide Resistance

Integrated management aims to reduce reliance on herbicides by combining multiple weed control strategies. The goal is to suppress weed populations, diversify selection pressures, and delay resistance evolution. An integrated weed management framework that combines chemical, cultural, mechanical, and ecological strategies is essential for sustainable management of herbicide resistance (Figure 2).

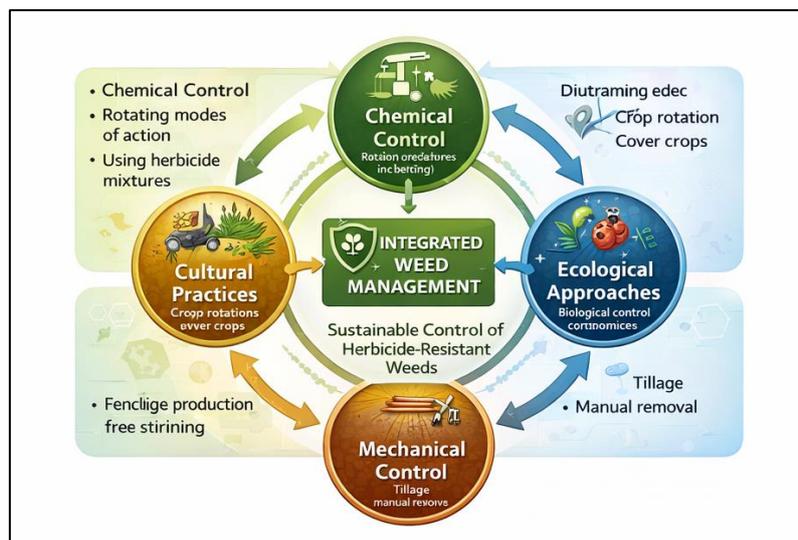


Figure 2. Conceptual framework illustrating integrated weed management strategies for sustainable control of herbicide-resistant weeds in cropping systems.

#### 5.1 Chemical Diversity

Rotating herbicides with different modes of action and using herbicide mixtures can reduce selection pressure on weed populations. Proper timing and recommended doses are essential to ensure effective control and minimise survival of resistant individuals.

#### 5.2 Cultural Practices

Cultural practices such as crop rotation, cover cropping, and competitive crop cultivars play a vital role in integrated management. Diverse cropping systems disrupt weed life cycles and reduce weed seed banks.

### 5.3 Mechanical and Physical Control

Mechanical weed control methods, including tillage, mowing, and hand weeding, remain important components of integrated management, particularly in high-value crops. These practices reduce weed density and prevent seed production.

### 5.4 Biological and Ecological Approaches

Biological control agents and ecological approaches such as allelopathy and habitat management can contribute to long-term weed suppression. Enhancing crop competitiveness through optimised planting density and nutrient management also limits weed growth.

**Table 2 Integrated Weed Management Strategies for Resistance Control**

Management component	Practices	Contribution to sustainability
Chemical control	Mode of action, rotation and mixtures	Delays resistance evolution
Cultural control	Crop rotation and cover crops	Reduces weed establishment
Mechanical control	Tillage and manual removal	Lowers the weed seed bank
Ecological control	Competitive crops and biological agents	Enhances system resilience

### 6. Role of Education and Policy

Farmer awareness and education are critical for successful resistance management. Adoption of integrated strategies requires knowledge of resistance mechanisms and long-term benefits. Extension services and decision support tools can facilitate informed herbicide use.

Policy measures promoting stewardship programs, resistance monitoring, and research investment are essential for sustaining herbicide effectiveness. Collaboration among farmers, researchers, industry, and policymakers is necessary to address resistance at regional and national scales.

### 7. Future Perspectives

Future research should focus on understanding the genetic and biochemical basis of non-target site resistance, developing crops with enhanced competitive ability, and designing farming systems that reduce reliance on herbicides. Advances in precision agriculture and digital weed detection offer opportunities for site-specific management that minimises herbicide inputs.

Long-term sustainability will depend on proactive resistance management rather than reactive responses. Integrated approaches must be adapted to local conditions and supported by strong institutional frameworks.

### CONCLUSION

Herbicide resistance represents a major challenge to modern crop production and agricultural sustainability. Continued reliance on single herbicide-based strategies is unsustainable and risks undermining food security. Integrated

management approaches that combine chemical, cultural, mechanical, and ecological practices provide the most effective pathway for managing resistance and preserving herbicide utility. By embracing diversification, stewardship, and innovation, agricultural systems can achieve resilient weed management and sustainable crop production.

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